


Creative Explorations
Woman's Spiritual Retreat
329 Pleasant Street
Yellow Springs, Ohio 45387


Creative Explorations
Woman's Personal Retreat
A process and a place



Creative Explorations is a beautiful, private, "sacred space" for women in the heart of Yellow Springs, Ohio.

Who are you? Your roles?
Possessions? Personality?

What are you seeking?
Peace? Clarity? Purpose?

Come away. . . .

Relax into a beautiful space of stillness. Silence the usual noise, release expectations and be at ease.

Reconnect with your Inner Being, Intuitive Guidance, Spiritual Self.

Renew your appreciation for the workings of Divinity.

Return to more consciously and graciously inhabit your life.



- Cafes/restaurants/grocer offering many organic and vegetarian foods
- Quaint shops and galleries
- Alternative health practitioners
- Glen Helen Nature Preserve
- Hiking and biking paths

Retreat Options:

Facilitated: A personalized retreat experience with gentle guidance and support. Enhance your discovery process with a variety of empowering and joyful tools:

- art-making
- symbol exploration
- mindfulness practices
- nature excursions
- music and drumming
- journaling

Celebrate your inner wisdom through creativity, **as you choose.**

Overnight package: \$199

- Pre-retreat planning
- 1 night lodging
- 2 hours creative facilitation
- 2 hour nature excursion
- energywork session

Two-night package: \$349

- Pre-retreat planning
- 2 nights lodging
- 4 hours creative facilitation
- 2 hour nature excursion
- energywork session

Other packages available.

Self-Directed:

- Pre-retreat discussion, but does not include facilitation.
- You may retreat in restorative solitude or share your time with a friend.

Individual lodging:	\$95.00
Five or more nights:	\$85.00
Second guest:	\$15.00

Optional Services:

Facilitation hourly rate:	\$40.00
Energywork session:	\$30.00

Massage and spa services arranged by appointment.

Rates subject to change. Please call or check website for current prices. Partial scholarships available for qualified applicants.



Complete accommodations:

- Maximum occupancy of two women (twin bed and futon)
- Kitchen facility
- Smoke, alcohol and drug-free environment
- Specialized library
- Meditation room



Meet Jennifer Horner, your retreat facilitator. I am an artist, nature-lover, energywork practitioner, enthusiastic resident of Yellow Springs, and licensed independent social worker.

I invite you to take the opportunity to explore your inner landscape as well as that of the village. There is much to discover and appreciate!

Jennifer

For detailed information, please visit: www.creativeexplorations.net
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